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Confident, enthusiastic people, child or adult, rarely have any problem with the manifestation of spirit beings. It is wise, however, to have some way to discriminate between those beings who are basically helpful and supportive (like a Guide or Guardian Angel), and those who seek to confuse or possess (like a mixed-up or angry disincarnate). Hesitation is healthy, especially if "channeling" is involved (where voices or thoughts other than your own seek attention or try to express themselves through you). "Gifts of the spirit" are not always what they seem, neither are they necessarily positive. The following chart highlights **the real source of power behind spirit manifestations**, and gives you comparisons to use as an aid in cross-checking motive:

SUBJECTIVE VOICES/VISITORS

DISCERNING THEIR TRUE SOURCE

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LESSER MIND	GREATER MIND
The Voice of Ego Personality Level	The Voice of Spirit Soul Level
flatters	informs
commands	suggests
demands	guides
tests	nudges
chooses for you	leaves choice to you
imprisons	empowers
promotes dependency	promotes independence
intrudes	respects
pushes	supports
excludes	includes
is status oriented	is free and open
insists on obedience	encourages growth and development
often claims ultimate authority	recognizes a greater power or God
offers shortcuts	offers integration
seeks personal gratification	affirms Divine Order along with the good of the whole

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Excerpted from "Runes of the Goddess," Galde Press, Lakeville, MN 2007.  
Inquire about RUNES OF THE GODDESS KIT from website address shown above.